

Mental Health Awareness Week

KindnessMatters

Kindness is key if you want to ensure people have the best possible mental health during this difficult time.

Visit the Mental Health Foundation website to find out more about Mental Health Awareness Week - running from 18 to 24 May.

**MENTAL HEALTH
AWARENESS WEEK
KINDNESS** 18-24 MAY 2020

May 18, 2020 10:00 BST

Mental Health Awareness Week

It is Mental Health Awareness Week and in the current situation, kindness is key to ensure we have the best possible mental health during this difficult time.

The Mental Health Foundation give their recommendations how to look after our mental health during the current challenges.

Talking to others about how we're feeling and sharing our own experiences, especially when we can't meet, is more important than ever.

Read more here: https://lnkd.in/g_txUff

[#kindnessmatters#mentalhealth#mhaw2020](#)

Finegreen Associates is a young, dynamic specialist recruitment consultancy – focusing on permanent, interim and fixed-term contract management and executive roles in both public and private sectors.

We've won a fair number of awards since starting in 2005 – and have been listed in the *Sunday Times* Fast Track Top 100 businesses – but what really keeps us going at Finegreen is the positive detailed feedback we get from our customers and candidates on a regular basis.

It is this attention to the detailed needs of the people we work for which has underpinned Finegreen's growth and success over the past eight years – a success story which has bucked the challenging economic trends over that period.

Part of this attention to detail includes offering teams of specialist consultants, each expert in areas reflecting our clients' and candidates' fields of interest – whether this is budgets or buildings.

It's a way of working which has seen us collect awards such as Best Small to Medium Business in both the 2013 & 2014 Best Business Awards, as well as Recruiter of the Year in both the 2013 and 2014 Health Investor Awards – while our Chief Executive Neil Fineberg has also been nominated for Entrepreneur of the Year.

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