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## Stroke Association appeals for volunteers with a resolution

The Stroke Association is looking for volunteers to help guide runners at its upcoming Resolution Run at Rushcliffe Country Park on Sunday 18 March 2018.

The charity is appealing for people aged 16 and over to act as course marshals throughout the event from 9:30am-1:30pm. The marshals will help to guide runners along the route, while offering support and encouragement as people make their way around the course.

Over 30 Resolution Runs will be held all across the UK from 25 February - 22

April 2018, with runners able to choose their distance. The events are open to all ages and abilities, and participants can run, jog or walk their way to the finish line.

For further information please contact the Fundraising Team on 0115 871 2469 or email [julie.doherty@stroke.org.uk](mailto:julie.doherty@stroke.org.uk)

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- A stroke is a brain attack which happens when the blood supply to the brain is cut off, caused by a clot or bleeding in the brain. There are more than 100,000 strokes in the UK each year; that is around one stroke every five minutes. There are over 1.2 million people in the UK living with the effects of stroke.
- Stroke Association is a charity. We believe in life after stroke and together we can conquer stroke. We work directly with stroke survivors and their families and carers, with health and social care professionals and with scientists and researchers. We campaign to improve stroke care and support people to make the best recovery they can. We fund research to develop new treatments and ways of preventing stroke. The Stroke Helpline (0303 303 3100) provides information and support on stroke. More information can be found at [www.stroke.org.uk](http://www.stroke.org.uk)

## Contacts



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